

6 Basic WCS Patterns Step Sequences

	Leader	Follower
Left Side Pass (6-counts)	1: LT open & turn body 90 to side of slot 2: RT back 3&: press behind 4: step back into slot 5&6: triple on the spot Imagery: driving up to a dead end, backing up into a driveway, then going back in the other direction.	1: RT forward 2: LT forward 3: RT side roll &: LT roll cross in front, look to leader 4: RT corner roll 5&6: Triple back to anchor Same steps as RT side pass
Sugar Push (6-counts)	1: LT Back 2: RT back 3&: Press behind (ball-change), Absorb follower's momentum to compress with low hands 4: Big step forward on LT, redirect F backwards 5&6: triple on the spot Imagery: "Gimme some sugar, yeah, no thanks, maybe later."	1: RT Forward 2: LT Forward 3&: Triple. Keep moving forward to compress until pushed back on 4. 4: RT Back, no major travel after 4. 5&6: triple back to anchor.
UnderArm Turn (Right side pass) (6-counts)	1: LT back & twist torso to right 2: RT cross in front (or open), lift LT hand to look at watch &: Apply sideways pressure to follower's frame to create rotation 3&: Press behind, allow follower to go under arm, 4: Step side on LT, allow hand to drop to default. 5&6: triple on the spot Imagery: sliding past people in the seats of a movie theatre	1: RT forward 2: LT forward, begin turning face LT 3: RT side roll, going under leader's arm &: LT cross in front 4: RT corner roll 5&6: Triple back to anchor.
Tuck Pass (6-counts)	1: LT open & turn body 90 to side of slot 2: RT back, lift hand 3: Press behind, bring hand to wide high-5 down slot. &: Compress & ricochet follower down slot 4: Step back into slot, allow follower to go under arm 5&6: Triple on the spot, bring arm down to default Same footwork as LT side pass Imagery: Pinball ricochet under the bridge	1: RT forward 2: LT forward 3: RT side roll &: LT cross in front, turn slightly to leader 4: RT forward (down slot) 5&6: Triple around clockwise to face leader then anchor. Same footwork for counts 1-3& as the left side pass, then walk forward on 4 instead of backward.

<p>Basket Whip (8-counts)</p>	<p>1: LT back, ask for her LT hand 2: RT Cross in front, lift LT hand to look at watch & twist torso to right 3: Press behind, draw RT down line of dance, allow follower to go under LT arm, place hands at her hip and shoulder. &: allow follower to keep moving down the slot then redirect her 4: LT across slot, collect RT. Pull follower back towards your RT side 5: RT forward step into slot, then release RT hand 6: LT diagonal back 7&8: triple on the spot</p> <p>Imagery: Vacuum in the hallway</p>	<p>1: RT forward, 2: LT forward, 3&: Triple forward until redirected 4: RT back 5: LT back 6: RT back 7&8: triple back to anchor.</p> <p>Same footwork as sugar push until 4.</p>
<p>Whip (8-counts)</p>	<p>1: LT back, paperclip j-lead/collision 2: RT cross in front, catch her shoulder blade 3&: Press behind, allow her to step away and towards 4: LT step across slot, twist torso to look over RT shoulder, 5: Switch arms, push follower back where she came from using LT hand, step open RT. 6: face partner, release RT hand, step diagonal back onto LT 7&8: triple on the spot</p> <p>Same footwork as RT Side Pass until 4.</p>	<p>1: RT forward, pivot clockwise 180 2: LT back, hand on his shoulder 3&: Coaster step: RT back, LT together 4: RT forward, pivot clockwise 180 5: LT back 6: RT back 7&8: triple back to anchor.</p>